

Date ____ / ____ / ____

Name _____
LAST FIRST MIDDLE

Birthdate ____ / ____ / ____
MONTH DAY YEAR

Marital Status: M S D W Sep Sex: Female Male

The name of the physician providing your general medical care? _____

Describe briefly your present symptoms _____

PAST PERSONAL HISTORY:

- | | | | |
|--|---|---|--|
| Cancer <input type="checkbox"/> No <input type="checkbox"/> Yes | Heart Problems <input type="checkbox"/> No <input type="checkbox"/> Yes | Asthma <input type="checkbox"/> No <input type="checkbox"/> Yes | Thyroid Trouble <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Tuberculosis <input type="checkbox"/> No <input type="checkbox"/> Yes | Stroke <input type="checkbox"/> No <input type="checkbox"/> Yes | Cataracts <input type="checkbox"/> No <input type="checkbox"/> Yes | Diabetes <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Epilepsy <input type="checkbox"/> No <input type="checkbox"/> Yes | Depression <input type="checkbox"/> No <input type="checkbox"/> Yes | Stomach Ulcers <input type="checkbox"/> No <input type="checkbox"/> Yes | Rheumatic Fever <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Bad Headaches <input type="checkbox"/> No <input type="checkbox"/> Yes | Liver Disease <input type="checkbox"/> No <input type="checkbox"/> Yes | Colitis <input type="checkbox"/> No <input type="checkbox"/> Yes | Renal Insufficiency <input type="checkbox"/> No <input type="checkbox"/> Yes |
| High Blood Pressure <input type="checkbox"/> No <input type="checkbox"/> Yes | Psoriasis <input type="checkbox"/> No <input type="checkbox"/> Yes | Anemia <input type="checkbox"/> No <input type="checkbox"/> Yes | Recent Tick Bite <input type="checkbox"/> No <input type="checkbox"/> Yes |

Other Significant Illness (Please list) _____

PREVIOUS OPERATIONS:

	Year	Surgeon	City
1) _____	_____	_____	_____
2) _____	_____	_____	_____
3) _____	_____	_____	_____

Do you have breast implants? No Yes
 Have you had a bone density test (DEXA)? No Yes
 Any other serious injuries? No Yes
 Any previous fractures? No Yes

Describe _____

Because of health problems, what are the most difficult things for you to do? _____

FAMILY HISTORY:

	If Living		If Deceased	
	Age	Medical Problems	Age At Death	Cause
Father				
Mother				
Siblings				
Children				
Children				

Have any of your family members had Arthritis or Rheumatism? No Yes
 Cancer? No Yes
 Lupus or Connective Tissue Disease? No Yes
 Osteoporosis? No Yes

Circle the arthritis drugs you have taken in the past:

- | | | |
|--------------------------------------|------------------------------------|------------------------------------|
| 1. Actemra | 19. Feldene (piroxicam) | 36. Plaquenil (hydroxychloroquine) |
| 2. Allopurinol (zyloprim /lopurin) | 20. Flexeril (cyclobenzaprine) | 37. Prednisone (cortisone) |
| 3. Arava (Leflunomide) | 21. Humira (adalimumab) | 38. Prolia |
| 4. Arthrotec/Voltaren (diclofenac) | 22. Imuran (azathioprine) | 39. Reclast |
| 5. Azulfidine (sulfasalazine) | 23. Indocin (indomethacin) | 40. Relafen (nabumetone) |
| 6. Benemid (probenecid) | 24. Kineret (anakinra) | 41. Remicade (Infliximab) |
| 7. Benlysta (belimumab) | 25. Krystexxa (pegloticase) | 42. Sandimmune (cyclosporine) |
| 8. Bextra (valdecoxib) | 26. Lodine (etodolac) | 43. Savella (milnacipran) |
| 9. Celebrex (celecoxib) | 27. Lyrica (pregabalin) | 44. Simponi (golimumab) |
| 10. Cellcept (mycophenolate mofetil) | 28. Methotrexate (rheumatrex) | 45. Sinequan (doxepin) |
| 11. Cimzia (certolizumab pegol) | 29. Mobic (meloxicam) | 46. Skelaxin (metaxalone) |
| 12. Cymbalta (duloxetine) | 30. Motrin / Advil (ibuprofen) | 47. Tolectin (tolmetin) |
| 13. Colchicine | 31. Naprosyn / Naprelan (naproxen) | 48. Toradol (ketorolac) |
| 14. Cytoxan (cyclophosphamide) | 32. Orenzia (abatacept) | 49. Ultram (tramadol HCL/Ultracet) |
| 15. Darvon/Darvocet | 33. Oruvail / Orudis (ketoprofen) | 51. Zanaflex (tizanidine) |
| 16. Dolobid (diflunisal) | 34. Neurontin | Other _____ |
| 17. Elavil (amitriptyline) | 35. Pamelor (nortriptyline) | Other _____ |
| 18. Enbrel (etanercept) | | |

CURRENT MEDICATIONS

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____

Please Continue on Reverse

SYSTEMS REVIEW

Name _____

As you review the following list, please check any of those problems which apply to you.

GENERAL:

- _____ Recent weight gain/Amount
- _____ Recent loss of weight/Amount
- _____ Fatigue
- _____ Weakness
- _____ Fever

NERVOUS SYSTEM:

- _____ Headaches
- _____ Dizziness
- _____ Fainting
- _____ Muscle spasm
- _____ Loss of consciousness
- _____ Sensitivity or pain of hands and/or feet
- _____ Memory loss

EARS:

- _____ Ringing in ears
- _____ Loss of hearing

EYES:

- _____ Pain
- _____ Redness
- _____ Loss of vision
- _____ Double or blurred vision
- _____ Feels like something in eye

NOSE:

- _____ Nosebleeds
- _____ Loss of smell
- _____ Dryness

MOUTH:

- _____ Sore tongue
- _____ Bleeding gums
- _____ Sores in mouth
- _____ Loss of taste
- _____ Dryness

THROAT:

- _____ Frequent sore throats
- _____ Hoarseness
- _____ Difficulty in swallowing

Date of last eye examination _____

Date of last chest X-Ray _____

Date of last Tuberculin Skin Test _____

MENSTRUAL:

Age when periods began _____ Periods Regular: Yes No Date of last period _____

Date of last Pap smear: _____ Bleeding after menopause: _____

Have you ever taken hormones? Yes No Length of time taking hormones: _____

Are you taking hormones now? Yes No

Have you had a hysterectomy? Yes No When was your last mammogram? _____

Were your ovaries removed? Yes No

NECK:

- _____ Swollen glands
- _____ Tender glands

HEART AND LUNGS:

- _____ Pain in chest
- _____ Irregular heart beat
- _____ Sudden changes in heart beat
- _____ Shortness of breath
- _____ Difficulty in breathing at night
- _____ Swollen legs or feet
- _____ High blood pressure
- _____ Heart murmurs
- _____ Cough
- _____ Coughing of blood
- _____ Wheezing
- _____ Night sweats

STOMACH AND INTESTINES:

- _____ Nausea
- _____ Vomiting of blood or coffee ground material
- _____ Stomach pain relieved by food or milk
- _____ Yellow jaundice
- _____ Increasing constipation
- _____ Persistent diarrhea
- _____ Blood in stools
- _____ Black stools
- _____ Heartburn

KIDNEY / URINE / BLADDER:

- _____ Difficult urination
- _____ Pain or burning on urination
- _____ Blood in urine
- _____ Cloudy, "smoky" urine
- _____ Pus in urine
- _____ Discharge from penis/vagina
- _____ Frequent urination
- _____ Getting up at night to pass urine
- _____ Vaginal dryness
- _____ Rash/ulcers
- _____ Sexual difficulties
- _____ Prostate trouble

BLOOD:

- _____ Anemia
- _____ Bleeding tendency

SKIN:

- _____ Easy bruising
- _____ Redness
- _____ Rash
- _____ Hives
- _____ Sun sensitive (sun allergy)
- _____ Tightness
- _____ Nodules / bumps
- _____ Hair loss
- _____ Color changes of hands or feet in the cold

MUSCLES / JOINTS / BONES:

- _____ Morning stiffness
 - _____ Lasting how long _____
 - _____ Minutes
 - _____ Hours
 - _____ Joint pain
 - _____ Muscle weakness
 - _____ Muscle tenderness
 - _____ Joint swelling
- List joints affected in the last 6 months

HABITS:

Do you smoke? Yes No Past
Cigarettes per day? _____
How many years? _____

Do you drink alcohol? Yes No
Daily alcohol intake _____

How many pillows do you sleep on each night? _____

Do you get enough sleep at night?
 Yes No

Do you wake up feeling rested?
 Yes No